

MAY 16ND 2022

CAMP UP WITH PEOPLE 2022 COVID-19 ACTION PLAN

You will play a key role in preventing COVID from coming onto camp. We invite you to read through this with your camper and familiarize yourselves with this year's action plan so that we can all stay health together!

This Action Plan outlines the protocols that allow us to run a safe and responsible summer camp program during summer 2022 according to the American Camp Association (ACA), the Centers for Disease Control and Prevention (CDC), and the guidelines from the Governor of Virginia. As guidelines change, we will update as needed. As of March 21st, 2022, we are requiring all campers to be fully vaccinated for the Coronavirus.

Please read this document in its entirety and contact us with any questions or concerns.

Guardians, this Action Plan is geared toward you, however, please make sure you go through this with your camper.

Information and best practices surrounding COVID-19 have been changing and constantly evolving. Our goal with this document, as well as our Camper Guide, is to provide the best practices according to the CDC, ACA, and the Virginia Health Department. Our Action Plan is being guided by these resources, as well as our many years of experience running numerous youth development programs.

We are excited to return to our traditional curriculum this year, but are also taking prevention and detection seriously. As with every summer, we hold the health and wellbeing of our campers as our top priority. We believe it's important for our campers to be able to recharge, reconnect, and remember the value of human interaction, forever friendships, the performing arts, and good ole fashion s'mores around the campfire.

We Are Many, We Are One.

-John, Walter, and the Camp Up with People Family

TABLE OF CONTENTS

Opening Letter.....	1
Keys to Having a Healthy Summer at Horizons.....	2
COVID-19 Prevention, Detection, and Response.....	3
Summer 2022 Policies and Changes at Camp Horizons.....	4



KEYS TO HAVING A HEALTHY SUMMER AT CAMP UP WITH PEOPLE:

PRE-CAMP PREVENTION:

Pre-camp Prevention: We encourage a pre-camp quarantine for all campers and staff starting seven days before their session. We ask that you be mindful of your activities leading up to the start of your session.

Campers who are exhibiting symptoms on Opening Day will not be permitted to join their session without a negative test from that day.

THE A'S AND B'S OF COVID-19:

A – Awareness of what steps are needed to aid in prevention. Preventative measures include ventilation of indoor spaces, covering coughs and sneezes, frequent hand washing, keeping unwashed hands away from the face, and being familiar with the signs and symptoms of illnesses including COVID-19.

B – Behave with this awareness in mind. Consciously making these measures part of your daily habits. Our staff will be trained to help prevent and detect COVID-19, and we will provide the needed tools for our campers to stay healthy.

These include:

- Extra hand sanitizing stations available at the entrance and exit of all our summer facilities to be used upon entering and exiting each location.
- Heightened cleaning of our facilities and high touch surface areas.

KEY COVID-19 SYMPTOMS TO BE AWARE OF:

- Fever of 100.4 or higher
- Shortness of breath
- Loss of taste or smell
- Lingering headaches
- Nausea not due to heat
- Cough
- Congestion
- Muscle aches
- Chills

MAKE SURE YOUR CAMP PAPERWORK IS FILLED IN AND SUBMITTED!

COVID-19 PREVENTION, DETECTION, AND RESPONSE:

We will be as vigilant as possible this summer on all fronts. We are making sure that we are strategic in our activity planning. Through the ACA, CDC, VDH, and other summer camps, we plan to use the Prevention, Detection, and Response plan for this summer.

PREVENTION:

Staff Training, Symptom Awareness, and Testing:

Our Staff Training covers a variety of topics, and we will continue to include training on identifying possible COVID-19 symptoms. They will be responsible for observing the campers in their cabin and activities for any signs of illness. We will also do a temperature check each morning before entering the dining hall.

Our staff will be educated about the following symptoms of COVID-19 and trained in how to identify them: Fever of 100.4 or higher, cough, shortness of breath, congestion or runny nose, loss of smell or taste, lingering headaches, muscle aches and pains, nausea not due to heat, and chills.

If a camper exhibits any of these symptoms, they will be taken to Camper Care where a medical staff member will complete a symptom check. If they have concerns that this could be COVID, they will consult with the camp director and contact will be made with the parent or guardian.

In the event of a confirmed on-site case of COVID-19, we will have camp continue as planned, with heightened symptom monitoring. An email will be sent to inform all families regarding next steps.

THINGS TO LOOK OUT FOR:

If your camper has any of the following conditions, please consult their physician to determine if it is appropriate for them to come to camp.

- Asthma
- Kidney disease
- Chronic lung disease
- Diabetes
- Liver disease
- Immunocompromised due to organ transplants, cancer, heart conditions, etc.



SUMMER 2022 POLICIES AND CHANGES AT CAMP UP WITH PEOPLE:

CHECK-IN PROCEDURES FOR ARRIVAL DAY:

Arrival By Car

Arrival and registration will begin at 3pm. Our check-in process consists of:

1. Sign in
2. Health and Wellness check
3. Secure and store valuables, medications, technology, and all internet accessible devices.
4. Tour of campus – this tour will be limited to outdoors with safety. All parents/guardians are asked to stay until check-in is complete in the event of any health and wellness concerns

Arrival By Air

The staff we arrive at IAD at 12 and be on site until departure once all campers have arrived.

1. Each camper will call home once they have found and met our camp staff.
2. Each camper will have a temperature check upon arrival and before boarding the bus to camp.
3. Upon arrival at camp each camper will go through the check-in process

DURING CAMP:

Camp Up with People will be sharing our campus with other programs that are part of our Endless Horizons family. Each of these programs will be initiating detailed COVID-19 actions plans as we are.

Our spacious campus allows us the luxury of sharing the campus while operating independently and ensuring the security and safety of our camp bubble.

Camp Up With People is also home to Horizons Edge Sports Campus! Camp up with people is also home to Horizons edge sports campus and a variety of sports leagues, tournaments, and camps that will continue to run through the summer. We are excited to add elements of this new facility to our program.

OUR ON-SITE DAILY SCHEDULE:

including workshops, meals, camp games, talent shows, rehearsals and more will take place as normal, all in the safety of our CUWP bubble.

OFFSITE/LEAVING CAMP:

All our offsite trips for our campers will happen this summer such as mountain climbing, zip-lining, regional learning trips, community volunteerism and our full-scale capstone performance. We will not require masks in the vehicle to and from these trips, however, campers should bring/carry a mask with them when we are off-site as we will follow Covid-19 house rules provided by each individual establishment we enter, such as Smithsonian Museums and such.

DAILY SCREENING:

Campers and staff will be screened each morning before breakfast with a temperature check. Anyone who shows a temperature of over 100.4 will be scanned again, and proper response protocols will follow.

CLEANING PROCEDURES:

We will continue our procedures for cleaning this summer and will make sure that any high-touch surfaces get extra attention such as: doorknobs, faucets, toilet handles, and showers. In previous summers, we have cleaned the dining halls after each meal and will continue to do so this summer. Cabin bathrooms and showers will be cleaned each morning by the campers and will be cleaned by housekeeping staff at least once per day as well. Common bathrooms, such as the ones at the dining halls, pavilion, pool, Western Village, and Basketball Court will be cleaned multiple times per day by our housekeeping staff.

DAILY HEALTH SCREENS:

Each morning before breakfast we will do temperature and symptom checks with each camper and counselor.

Designated staff members will be responsible for taking this information for their campers and reporting results to their managers.

See more about screenings on pg 5.



LAUNDRY:

We will continue our normal laundry services for campers. Each week campers will provide their dirty laundry in a labeled mess laundry bag which will be picked up, cleaned and returned by our housekeeping staff.

DAILY MEDS:

All camper prescribed medications will continue to be disbursed by our Med Team as defined by the prescriptions provided. Over The Counter medications and any First Aid needs will be handled by our Med Team as normal.

CHECK-OUT PROCEDURES FOR CLOSING DAY:

Departure by Car – Pick-up of campers will begin at 9am on departure day.

Airport Departure – Buses will depart in time to arrive 3 hours before our earliest camper's departure.

PLEASE NOTE Based on the country of destination some international flights may require proof of vaccinations and/or a negative Covid-19 test taken with-in 24 hours of departure. Please be sure to know the travel requirements needed for your camper. If a Neg PCR test is needed before departure we will be sure to arrange the needed test for any campers that require them. Any cost associated with this test will be the responsibility of each camper/family.

Check in with us! We know this is a lot of information to take in. But have no fear, the show must go on! We will still have plenty of singing, dancing, s'mores, and fun! Of-course if you have any questions, contact us at 540.421.2752, contact@campUpwithPeople.org, or our online live chat at campupwithpeople.org We are excited for a great summer here at Camp Up with People and we look forward to seeing you all this summer!

We know this is a lot of information to take in. Please, if you have any questions, contact us:

540-214-2752

info@campupwithpeople.org

We are excited for a great time here at CUWP and look forward to seeing you all this summer!

